Dear Parents:

We would like to extend a warm welcome to you and your child to the Canadian Learning Centre Play Group. We look forward to spending many happy hours developing your child in the areas of:

- Early Literacy
- Early Numeracy
- Creative Expression
- Personal & Social Responsibility
- Citizenship & Identity
- Environment & Community Awareness
- Physical & Well-Being

a. Please label all of your child's belongings
b. Your child will need a water bottle, indoor non-skid socks or slippers, diapers and one set of extra clothing
c. Please notify the school if your child will not be attending class
d. Further notice will be given before all out of school trips
e. We will use the internet to relate monthly events

Simple ways to prepare your child for Nursery School

1. Invite your child into conversation with you. Talk with your child early and often. For example, chat with your baby while you are changing their diaper, pushing them in the stroller, or riding in the car. Your child's response may be verbal or non-verbal, but the most important thing is to talk to your child and listen closely for their response.

2. Give your child time to play. All children need free time to simply play. Giving your child time to play is not wasted time- it's just the opposite- as playing provides children with many developmental benefits. Physical play helps children develop their motor skill and very young children often do practice play by repeating the same movements over and over again in order to master them

3. Provide experiences away from you. The child will know who to listen to and how to take instruction from someone other then yourself, and they will feel comfortable with you not being their for a period of time

4. Encourage independence and self-care. Prepare your child for Nursery School by letting him try to put on a simple piece of clothing

5. Keep learning fun and relaxed.

Please feel free to talk to any of the teachers with your concerns. It is important to us that you and your child have a happy experience at our school

Sincerely,
Ms Brenda, Ms Jayne & Ms Vivian
Tips for Parents

Make sure your child has a pleasant, quiet and early bedtime routine in order to have plenty of rest to be up early and ready for school.

Make sure your child is using words to express needs, i.e. don’t allow your child to just point at an apple in order to get one. Encourage him/her to verbalize, “I want an apple, please.”

Remember you are the role model for your children. They will copy what you do more often than doing what you say.
Ensure that your child eats a variety of nutritious foods and less sugary snacks.

Allow your child to feed him/herself.

Help your child to learn to dress him/herself.

Teach your child to tidy up. She/He can begin sorting by putting toys into categories such as books, blocks, puzzles, etc.

When you are out with your child, discuss what is around you, i.e. “Which car do you like best – the blue one or the red one?” “How did you feel when the dog barked at you?”